

Patient Name:

Patient DOB:

Patient's Physician/APP:

EPDS (Edinburgh Postnatal Scale)	Score:
PHQ 2/9 (Patient Health Questionnaire)	Score:

Date:

Dear Colleague:

I have been seeing your patient for psychotherapy. During treatment, I have determined that medication may help improve our mutual patient's symptoms and informed your patient of such.

There are numerous barriers to initiating care including distance, appointment availability and cost. These may delay, or even prevent your patient from obtaining needed care. We hope that your office will reach out to your patient to arrange an appointment for further assessment and treatment of the mood disturbance. I also recommended that they reach out to your office as well. This patient may also choose to see a psychiatrist or another mental health provider in the community.

Should you have concerns regarding the diagnosis or treatment of your patient (or other pregnant or postpartum individuals) I recommend that you reach out to **PEACE for Moms (P4M)** for their consultative services. PEACE is an acronym for what their program hopes to achieve: Perinatal psychiatry Education, Advocacy, and Community Engagement. P4M is an efficient, cost-effective option for you and your patients. The psychiatrists who staff the Emory Women's Mental Health Clinic work for PEACE for Moms. Their consultative services are gratis, and available to you Monday through Friday from 8 am to 5 pm. Their physicians will return your call within 30 minutes or at mutually agreeable time. They will help with further assessment, diagnosis and treatment plan development, but they will not take over the care of your patient. PEACE for Moms will also provide resources to address the social determinants of health and access to psychotherapy and mental health services.

This service is free to patients and providers and conducted through telehealth. P4M consults help patients overcome the workforce, financial and geographic hurdles to mental health treatment that we face as clinicians, and they face as patients.

For more information about PEACE for Moms, please see their website www.peace4momsga.org. PEACE for Moms can also be reached at 470-977-3223.

We appreciate that you are working with us to improve the health of this entire family.

Sincerely,