

SCORING TOOLS

Patient Health Questionnaire (PHQ-9)

Scoring

Count the number (#) of boxes checked in a column. Multiply that number by the value indicated below, then add the subtotal to produce a total score. The possible range is 0-27.

Use the table below to interpret the PHQ-9 score.

Not at all (#) _____ x 0 = _____

Several days (#) _____ x 1 = _____

More than half the days (#) _____ x 2 = _____

Nearly every day (#) _____ x 3 = _____

Total score: _____

Interpreting PHQ-9 Scores

Diagnosis	Total Score	Action
Minimal Depression	0-4	The score suggests the patient may not need depression treatment
Mild Depression	5-9	Physician uses clinical judgment about treatment, based on patient's duration of symptoms and functional impairment
Moderate Depression	10-14	
Moderately Severe Depression	15-19	Warrants treatment for depression, using antidepressant, psychotherapy and/or a combination of treatment.
Severe Depression	20-27	

The PHQ-9 is described in more detail at the Pfizer website: <http://www.phqscreeners.com/>