

SCREENING TOOLS

Cannabis Use Disorder Identification Test (CUDIT)

The score range of the CUDIT-R is 0 to 32

This questionnaire was designed for self administration and scored by adding each of the 8 items

Question 1-7 are scored on a 0-4 scale

Question 9 is scored 0, 2, or 4

Scores of 8 or more indicate hazardous cannabis use, while scores of 12 or more indicate a possible use disorder for which further intervention may be required.

Domains of the CUDIT-R

Consumption:

1. How often do you use cannabis?
2. How many hours were you “stoned” on a typical day when you had been using cannabis?

Cannabis Problems (abuse)

4. How often during the past 6 months did you fail to do what was normally expected from you because of using cannabis?
7. How often do you use cannabis in situations that could be physically hazardous, such as driving, operating machinery, or caring for children?

Dependence

3. How often during the past 6 months did you find that you were not able to stop using cannabis once you had started?
5. How often in the past six months have you devoted a great deal of your time to getting, using, or recovering from cannabis?

Psychological Features

6. How often in the past 6 months have you had a problem with your memory or concentration after using cannabis?
8. Have you ever thought about cutting down, or stopping, your use of cannabis? Adamson SJ, Sellman JD. A Prototype

Screening Instrument for Cannabis Use Disorder: The Cannabis Use Disorders Identification Test (CUDIT) in an Alcohol Dependent Clinical Sample. Drug and Alcohol Review 2003;22:309-315.