

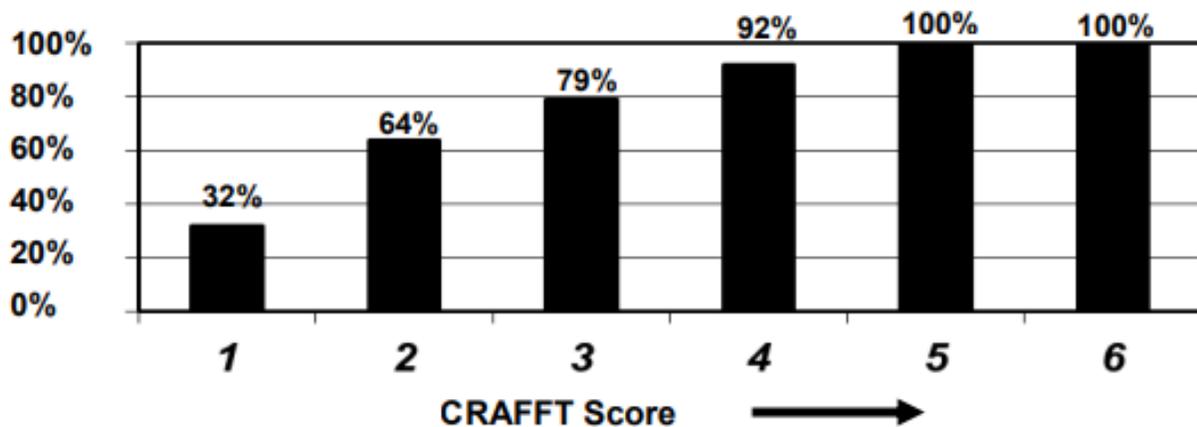
SCORING TOOLS

Car, Relax, Alone, Forget, Friends, Trouble (CRAFFT V2.1)

FOR CLINICIAN: AFTER ADMINISTERING CRAFFT TO ADOLESCENT PATIENT (≤ 21 YEARS)

1. Total the number of YES responses to part B. ≥ 2 suggests a serious problem.
2. Show your patient his/her score on this graph and discuss the level of risk for a substance use disorder. Percent with a DSM-5 Substance Use Disorder by CRAFFT score

Percent with a DSM-5 Substance Use Disorder by CRAFFT score*



*Data source: Mitchell SG, Kelly SM, Gryczynski J, Myers CP, O'Grady KE, Kirk AS, & Schwartz RP. (2014). The CRAFFT cut-points and DSM-5 criteria for alcohol and other drugs: a reevaluation and reexamination. *Substance Abuse*, 35(4), 376-80.

3. Use these talking points for brief counseling.
 - a. REVIEW screening results For each "yes" response: "Can you tell me more about that?"
 - b. RECOMMEND not to use "As your doctor (nurse/health care provider), my recommendation is not to use any alcohol, marijuana or other drug because they can: 1) Harm your developing brain; 2) Interfere with learning and memory, and 3) Put you in embarrassing or dangerous situations."
 - c. RIDING/DRIVING risk counseling "Motor vehicle crashes are the leading cause of death for young people. I give all my patients the Contract for Life. Please take it home and discuss it with your parents/guardians to create a plan for safe rides home."
 - d. RESPONSE elicit self-motivational statements Non-users: "If someone asked you why you don't drink or use drugs, what would you say?" Users: "What would be some of the benefits of not using?"

- e. REINFORCE self-efficacy "I believe you have what it takes to keep alcohol and drugs from getting in the way of achieving your goals."
- f. Give patient Contract for Life. Available at www.crafft.org/contract.

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