

Car, Relax, Alone, Forget, Friends, Trouble (CRAFT V2.1)



Please answer all questions honestly; your answers will be kept confidential.

During the PAST 12 Months, on how many days did you:

1. Drink more than a few sips of beer, wine, or any drink containing alcohol? _____
Put "0" if none.

2. Use any marijuana (weed, oil, or hash, by smoking, vaping, or in food) or "synthetic marijuana" (like "K2," "Spice") or "vaping" THC oil? _____
Put "0" if none.

3. Use anything else to get high (like other illegal drugs, prescription or over-the-counter medications, and things that you sniff, huff, or vape)? _____
Put "0" if none.

READ THESE INSTRUCTIONS BEFORE CONTINUING:
If you put "0" in ALL of the boxes above, ANSWER QUESTION 4, THEN STOP.
If you put "1" or higher in ANY of the boxes above, ANSWER QUESTIONS 4-9.

4. Have you ever ridden in a CAR driven by someone (including yourself) who was "high" or had been using alcohol or drugs? O Yes O No

5. Do you ever use alcohol or drugs to RELAX, feel better about yourself, or fit in? O Yes O No

6. Do you ever use alcohol or drugs while you are by yourself, or ALONE? O Yes O No

7. Do you ever FORGET things you did while using alcohol or drugs? Yes No

8. Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use? Yes No

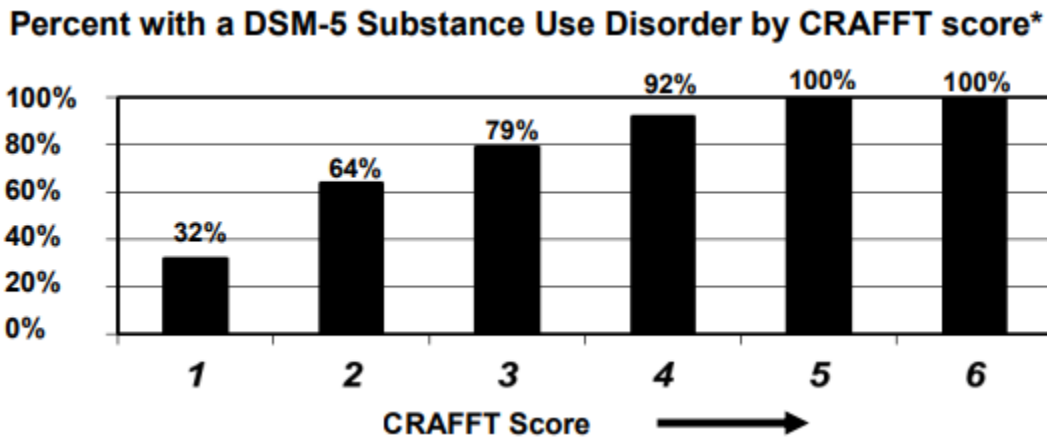
9. Have you ever gotten into TROUBLE while you were using alcohol or drugs? Yes No

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PLEASE RETURN THIS TO YOUR CLINICIAN WHEN COMPLETED.

FOR CLINICIAN: AFTER ADMINISTERING CRAFFT TO ADOLESCENT PATIENT

1. Show your patient his/her score on this graph and discuss the level of risk for a substance use disorder. Percent with a DSM-5 Substance Use Disorder by CRAFFT score



*Data source: Mitchell SG, Kelly SM, Gryczynski J, Myers CP, O'Grady KE, Kirk AS, & Schwartz RP. (2014). The CRAFFT cut-points and DSM-5 criteria for alcohol and other drugs: a reevaluation and reexamination. *Substance Abuse*, 35(4), 376–80.

2. Use these talking points for brief counseling.

1. REVIEW screening results For each “yes” response: “Can you tell me more about that?”
 2. RECOMMEND not to use “As your doctor (nurse/health care provider), my recommendation is not to use any alcohol, marijuana or other drug because they can: 1) Harm your developing brain; 2) Interfere with learning and memory, and 3) Put you in embarrassing or dangerous situations.”
 3. RIDING/DRIVING risk counseling “Motor vehicle crashes are the leading cause of death for young people. I give all my patients the Contract for Life. Please take it home and discuss it with your parents/guardians to create a plan for safe rides home.”
 4. RESPONSE elicit self-motivational statements Non-users: “If someone asked you why you don’t drink or use drugs, what would you say?” Users: “What would be some of the benefits of not using?”
 5. REINFORCE self-efficacy “I believe you have what it takes to keep alcohol and drugs from getting in the way of achieving your goals.”
3. Give patient Contract for Life. Available at www.crafft.org/contract

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