

Patient Name:

Patient DOB

Patient's Physician/Provider:

Date:

Dear Colleague:

As part of the well-child visit, your patient was screened for postpartum depression. The survey indicates that your patient may have postpartum depression and would benefit from further evaluation, and possible treatment.

Your patient can choose to see a psychiatrist or another mental health provider in the community. There are numerous barriers to initiating care including distance, appointment availability and cost, may delay, or even prevent, care.

We would like to recommend **PEACE for Moms (P4M)** as an alternative. PEACE is an acronym for what our program hopes to achieve: Perinatal psychiatry Education, Advocacy, and Community Engagement. P4M is an efficient, cost-effective option for you and your patients. The same psychiatrists who staff the Emory Women's Mental Health Clinic work for PEACE for Moms. Our services are gratis, and available Monday through Friday from 8 am to 5 pm. Our physicians will return your call within 30 minutes or at mutually agreeable time. Because **this service is free to patients and providers, and conducted through telehealth**, P4M helps patients overcome the workforce, financial and geographic hurdles to mental health treatment.

P4M will collaborate with you to address your patient's mental health needs. The patient will remain under your care. Our psychiatrists are available for consultation regarding diagnosis, assessment, and treatment of pregnant and postpartum patients. PEACE for Moms will also provide resources to address the social determinants of health and access to psychotherapy and mental health services.

We encourage you to enroll at www.peace4momsga.org prior to using our services for the first time.

We look forward to hearing from you.

Sincerely

Toby D Goldsmith, MD
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Emory Healthcare
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